Menominee County Great Start Parent Coalition

Great Start Parent Newsletter — February 2017

What is the Period of Purple Crying?

Having a new baby can be a wonderful time, but it can also be very challenging. Babies cry… sometimes a lot. Sometimes the crying lasts for the first 5 months of baby's life and is not related to a health issue. This period of time when healthy babies cry is commonly referred to as...**The Period of Purple Crying.**

The acronym ***PURPLE*** is used to describe specific characteristics of an infant's crying during this phase. It also lets parents and caregivers know that what they are experiencing is indeed normal and, although frustrating, is simply a phase in their child's development that will pass.

So here is what the letters in the word **PURPLE** represent:

P – Peak of Crying: Your baby may cry more each week with a peak of the crying at 2 months and then less in months 3-5.

U- Unexpected: Your baby's crying can come and go with no real reason why.

R- Resists Soothing: Your baby may not stop crying no matter what you try.

P- Pain-like Face: Your crying baby may look like he or she is in pain, even when they are not.

L – Long Lasting: Crying can last for 5 hours a day or more.

E- Evening: Your baby may cry more in the late afternoon or evening

This crying can seem overwhelming and it's easy to get frustrated, but remember in the phrase – **The Period of Purple Crying** – the word **Period** is important too. This kind of crying is only temporary and will come to an end.

The Menominee County Intermediate School District in partnership with Michigan's Children's Trust Fund provides Menominee County families with information and resources to help you better understand the development of your baby. We are here to support you on your parenting journey.

Please call us at 906-863-5665 ext. 1018.

GREAT START PARENT & CHILD PLAYGROUPS

In Menominee at Spies Public Library from 10:30—noon on most Mondays

(call 906-863-5665 ext. 1018 for details).

NEW! EARLY ON PARENT & CHILD EARLY LANGUAGE & LITERACY GROUP

In Stephenson at Menominee County Library...playgroups are for any child, ages 1-4, living in Menominee County and will be held from 9:00—10:00 a.m. on Feb. 23, March 9, & March 23.

(call 906-863-5665, ext. 1019 for details).

Great Start Collaborative
Menominee County

A PEEK AT OUR GREAT START READINESS PROGRAM CLASSROOMS:

Great Start Readiness Program
Michigan's Nationally Recognized Pre-K Program

Photos below show 4-year old students and their families at January's Family Fun Night at North Central. This was a fun-filled evening with activities, food, and great information for the families attending!

Menominee County Preschool Partnership!
Head Start · GSRP · Great Start
Stephenson · Menominee · North Central · Carney

PLACES TO GO/THINGS TO DO

Current & Upcoming Events in our area:

It's Story TIME @your library

Feb. 15 and 16, 22 and 23 - LIBRARY STORY TIME – Spies Library, Menominee at 10:30am.
Feb. 15, 22 - LIBRARY STORY TIME – Menominee County Library, Hermansville Branch at 11:00am.

Feb. 13-March 20 - ALCOHOL AND OTHER DRUG ABUSE (AODA) FAMILY EDUCATIONAL SERIES - Marinette County Health and Human Services-ADAPT announces the next series open to the public. Presentations will be Mondays from 6-8 p.m., for six weeks. All sessions will be held in the basement conference room at 2500 Hall Ave., Marinette. Participants must register by calling 715-732-7760 or 1-888-732-7549 and reserve space. Participants are expected to attend all six sessions to be considered eligible for Certificate of Completion.

Feb. 17 - NERF GUN NIGHT FOR 4TH & FIFTH GRADERS - at the Menominee YMCA, 6-8 p.m., with check in at 5:30. Register on or before Feb. 15: Member $3, general public $6. Registration after Feb. 15: Member $5, general public $10.

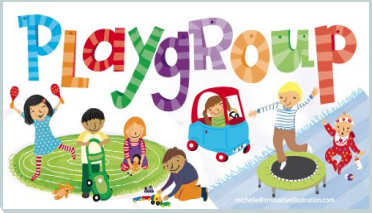
Goldilocks and the Three Pigs

Feb. 17-19 GOLDILOCKS & THE THREE PIGS, U.W. Marinette's Theatre on the Bay Children's Theater blends these two classics! $6 for students and $10 for adults. Shows are 7 p.m. Fri. & Sat. and 2 p.m. Sunday. Visit U.W.-Marinette website or call for tickets at 715-735-4300 ext. 4342.

Feb. 17 and 24 - LIBRARY STORY TIME – Menominee County Library, Stephenson Branch at 10:00 a.m.

Feb. 18 - ICE FISHING DERBY - Sponsored by the Menominee Woods and Stream Sportsman's Club at Shakey Lakes County Park from 8 a.m.-4 p.m. Entry fees are $6 for 16 and older, and $1 for those younger than 16. Entry includes a free lunch from the grill and door prizes. First and second place prizes for largest perch, bluegill, crappie, northern and most pan fish by weight. Cash and merchandise raffles available. Tickets available on the ice only. Drawings begin at 4 p.m. Must be present at drawing to claim fish, door and merchandise prizes. This is a Michigan Free Fishing Weekend, so no fishing license is required.

Feb. 21 - LITERACY NIGHT - @ Spies Public Library from 6-7 p.m. Event includes stories and crafts. Sponsored by Spies Public Library and the Menominee County Great Start Literacy Council. For more information, please call 906-863-3911.



Feb. 23 - MENOMINEE COUNTY'S EARLY LANGUAGE AND LITERACY GROUP - @ Menominee County Library, Stephenson – 9-10am - parent/child playgroup for children ages 1-4, sponsored by the Menominee County ISD Early On Program. Socialize, crafts, songs, stories and more. For more information, call Sarah at 906-863-5665 ext. 1019.

GREAT START COLLABORATIVE
Menominee County

DEVELOPMENTAL SCREENINGS

MENOMINEE COUNTY ISD
Intermediate School District

Menominee County Intermediate School District conducts free Early Childhood Developmental Screenings for children from birth through age 5 (if not attending school). Screenings are held from 8:15 to 1:00 p.m. at Menominee County ISD, 1201 41st Ave., Menominee. Arrangements can be made for children located in the Carney-Nadeau and North Central School districts. Appointments required: please call 906-863-5665.

Places to Go/Things to Do (continued)

Feb. 25 - WALK FOR WARMTH - Sponsored by the Community Action Agency in Menominee at 10 a.m. Fundraiser helps raise money to help with heating assistance. Individuals, businesses, youth groups, churches and service clubs are encouraged to participate. Co-sponsored by Bay Cities Radio, Hot Flame Gas, WPS, and the Island Resort and Casino. For more information, please call Lori, 906-863-3042, or Renelle, 906-863-2158, or go to the CAA website at www.mdscaa.org.

Feb. 25 -YMCA KICK-OFF FOR KIDS RAFFLE EVENT - @ Pullman House from 6 to 10 p.m. A $20 ticket will admit two people. Event includes food, refreshments, raffles and prizes. Money raised will help children, adults and families (who are in need of financial assistance) participate in YMCA programs and events. For more information, please call 906-863-9983.

Feb. 27 - PARENT/CHILD PLAYGROUP - @ Spies Public Library, Menominee 10:30-noon for children ages birth to 5. Play, socialize and eat a healthy snack.

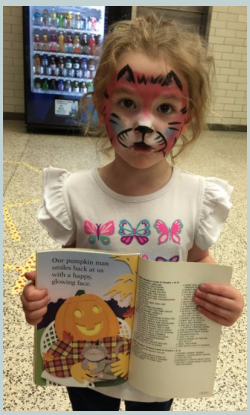
-CONSCIOUS DISCIPLINE WORKSHOP - Free classes held from 4-6 p.m. on the dates listed on the flyer to the right at the Menominee Early Childhood Center, N1329 US 41, Menominee. Participants will learn effective ways to build positive, loving relationships with children of all ages. Workshop includes training, free childcare, light refreshments and door prizes. Registration is required, Please call 906-863-7588.

ONGOING —

FREE SNOWSHOE RENTAL PROGRAM. Public Health of Delta & Menominee Counties will have snowshoes for both adults and children that can be checked out for free at the MMYMCA during normal business hours. For more information about Snow Trek, call 906-789-8110.

ZUMBA—Free classes for everyone at any age, any fitness level. Held Saturdays from 8:30—9:30 a.m. at North Shore Church, 511 47th Ave., Menominee. People may call Kristine 814-397-4769 or North Shore Church 906-863-3212 for details.

AND.....SAVE THE DATE!!!!!....

2017 YMCA HEALTHY KIDS DAY in partnership with the Menominee Great Start Collaborative & BAMC an Aurora Affiliate
Saturday, April 29th, 2017 | 10a.m.-2:00p.m
Menominee High School (2101 18th Street, Menominee)

Summer is the time for kids to get up, get out and grow. But for some kids, exposure to activities that stimulate the body and mind ends with the school year. In fact, research shows that kids are prone to gain more weight and fall behind in studies. So come join us to celebrate Healthy Kids Day, a national initiative to improve the health and well-being of kids.
Healthy Kids Day is a free community event, no pre-registration required.