

Attention Menominee County Families: Quit Smoking Class for Parents and Expectant Mothers

Become a Non-Smoker!
Join our next class.

When: Tuesdays -
January 17th, 24th, 31st,
and February 7th

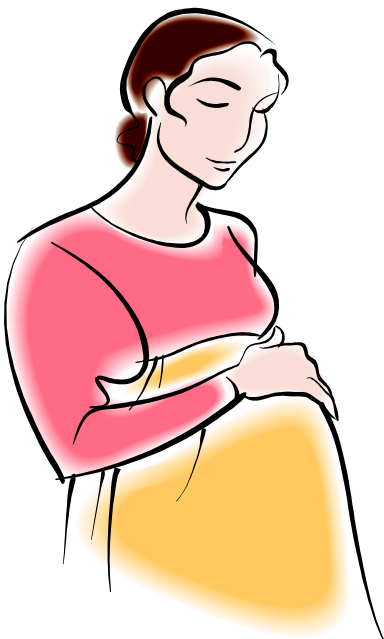
Time: 1 pm or 4 pm CST
Pick the time that works best
for you.

Where: Spies Public Library
940 First Street
Menominee, Michigan



Just come for the first day. If you
like what you hear, sign up for the
whole series!

To register call Shanna at 789-8112





WHAT

FREE 4 session class, proven to help hundreds of thousands of smokers quit! Class is worth as much as \$150, but is FREE to Menominee County parents who are either expecting a child, or have young children living in their home.

WHO

Those living in Menominee County, who are expecting a child, or have young children living in their home.

WHY

You CAN quit. This class will give you the tools and support you need.

WHERE

Spies Library
940 First St. Menominee, MI

HOW

Call Shanna at 789-8112 to register for the next session.

